

# iv therapy menu

## reglow

Energise and feel revived with a powerful blend of vitamins and nutrients, paired with a master antioxidant, that help you feel revitalised and give your skin a healthy glow.

**Best for:** combating fatigue, boosting energy, revitalising your body, and enhancing your natural glow

### Key Components

Vitamin C  
B-Complex Vitamins  
Magnesium  
Zinc  
Glutathione - Master Antioxidant

## restore

Restore and replace hydration and essential vitamins to help your body bounce back!

**Best for:** recovering after a night out, easing hangover symptoms, and restoring energy and balance.

### Key Components

Vitamin C  
B-Complex Vitamins  
Magnesium  
Zinc  
Ondansetron

## recover

Packed with electrolytes, nutrients, and amino acids to support muscle recovery and enhance athletic performance.

**Best for:** Recovering from and getting back to training

### Key Components

Vitamin C  
B-Complex Vitamins  
Magnesium  
Taurine  
Selenium

## relax

Unwind and restore balance with a calming blend designed to reduce stress, promote relaxation, and support deeper, more restful sleep.

**Best for:** reducing stress, promoting relaxation, improving sleep quality, and helping you feel calm and balanced

### Key Components

Magnesium Sulphate  
GABA  
Serine  
Taurine

## replenish

### Our most popular blend!

Hydrate, recharge, and replenish essential vitamins and minerals to look and feel your best.

**Best for:** Boosting energy, recovering from tough weeks, combating jetlag or a general wellness pick-me-up.

### Key Components

Vitamin C  
B-Complex Vitamins  
Magnesium  
Zinc

## reNAD+

The powerhouse of anti-aging and vitality. Rejuvenate your cells, enhance cellular energy production, and support overall wellness with this advanced infusion.

**Best for:** Enhancing cellular energy production, promoting longevity, improving mental clarity, and restoring vitality.

### Key Components

NAD+  
Vitamin Flush (Vitamin C, B-Complex Vitamins and Magnesium)

*Speak to our nurses about your concerns and we will formulate a custom blend to suit you!*

## iv therapy menu

## revitalise

Premium blend designed to enhance energy, performance, recovery, and overall vitality.

**Best for:** supporting overall wellness, boosting energy and performance, enhancing recovery, and helping you feel revitalised

**Key Components**

Vitamin C	Methionine
B-Complex Vitamins	Inositol, Choline
Zinc, Glycine	Carnitine
Magnesium Sulphate	Methylcobalamin
GABA, Serine	GB Shot (Arginine)
Taurine	Lysine
Glutamine	Ornithine

## rejuvenate

Nourish your skin from within with a revitalising blend designed to support collagen production and enhance your natural glow.

**Best for:** promoting skin health, supporting collagen production, enhancing your natural glow, and improving overall radiance

**Key Components**

Vitamin C  
Glycine  
Biotin  
Amino Acids: Arginine, Lysine, Ornithine & Glutamine

## reset

Calm, focus, and recharge with a blend of vitamins and nutrients designed to support mental clarity and reduce stress.

**Best for:** boosting focus, relieving stress, and helping you feel calm and clear-headed.

**Key Components**

Vitamin C  
B-Complex Vitamins  
Magnesium  
GABA

## refocus

Sharpen your mind and regain mental clarity with a targeted blend designed to support focus, memory, and overall brain health. Stay clear, focused, and energised throughout the day.

**Best for:** improving focus, enhancing memory, reducing brain fog, and supporting mental clarity

**Key Components**

B-Complex Vitamins	Taurine
Glycine	Methionine
Magnesium Sulphate	Inositol
GABA	Choline
Serine	Carnitine
Methylcobalamin	

## revive

Boost your metabolism and increase energy with a targeted blend designed to support fat metabolism and overall metabolic function.

**Best for:** boosting metabolism, increasing energy, supporting weight management, and enhancing overall vitality

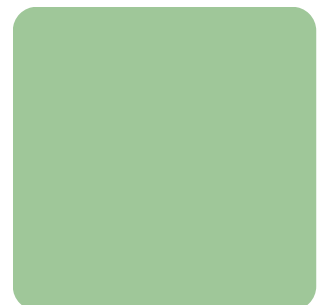
**Key Components**

Methionine  
Inositol  
Choline  
Carnitine  
Methylcobalamin  
B-Complex Vitamins

## wifi

Relax and stay connected

Scan to access Wi-Fi.



*Speak to our nurses about your concerns and we will formulate a custom blend to suit you!*